

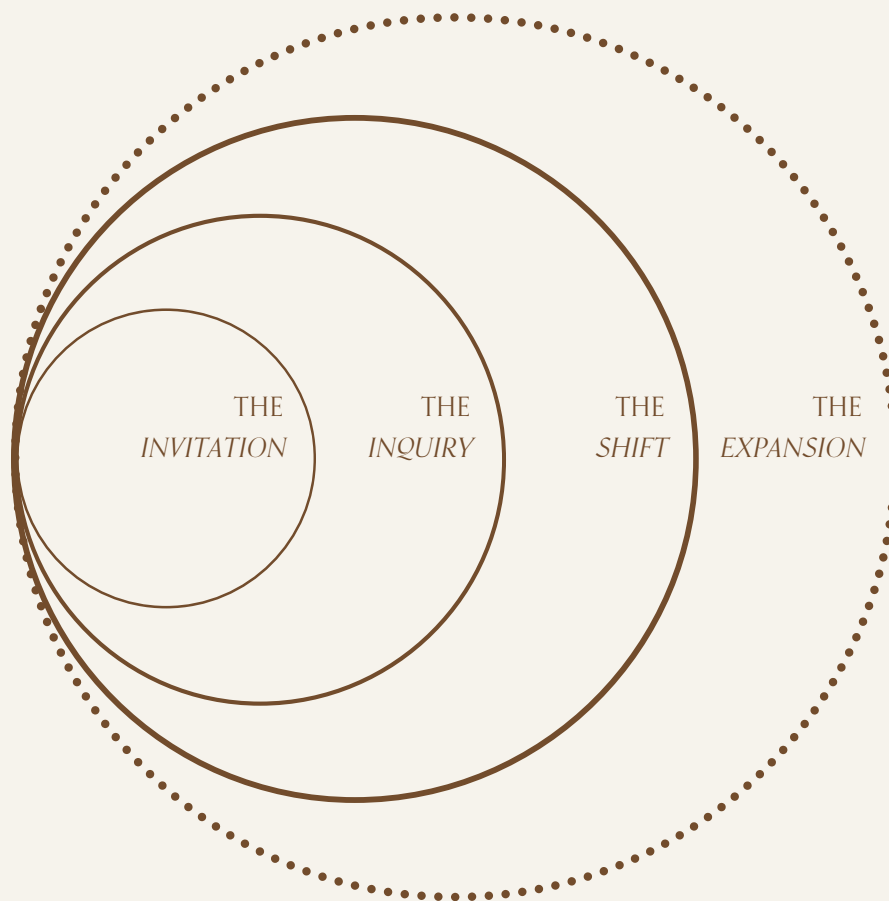
# SOUL MANIFESTATION

## *An Introduction to THE BEYOND FORM METHOD*

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These four easy steps will help you to transform any perceived lack or limiting pattern \*into\* the creative power needed to manifest your desires. In the Beyond Form Program you learn how to master this method to create abundance within all aspects of your life, but learning the basics of the process will still yield powerful shifts. Consider a current circumstance or desire that's been present for you recently and apply the prompts on the following pages. Follow up with the breathwork for manifestation meditation to help reprogram the subconscious, gain additional insight and tap into your greater soul's creative power!

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### THE INVITATION.

By recognizing an unwanted circumstance, feeling or perceived lack as an *\*invitation\** to expand, → you interrupt your patterning and begin to open to new potential realities. State the condition as an invitation, "This is an invitation to..."

### THE INQUIRY.

By bringing the subconscious mind into the conscious and becoming aware of how the ego is in *\*negotiation\** for a sense of worth or safety, → you initiate your transformation. How is the ego at play? What is it believing it has to negotiate for? "I have to \_\_\_ in order to \_\_\_."

### THE SHIFT.

By shifting into the perspective of the soul (based in unconditional, neutral Truth) we begin to align with the higher awareness and energy we need → to transform our reality. How would your *\*soul\** see this? What's true beyond the ego's stories? What's the highest definition of the essence the ego is seeking?

### THE EXPANSION.

When we become clear on the greater invitation and *\*embody\** the change, we create a new magnetic set point for manifestation. → What would it mean to embody the invitation to expand into a higher awareness and version of yourself here and now? How will you show up differently to create the shift?

# NOTES



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